# CEREBROVASCULAR DISEASE IN GUATEMALA HEMORRAGIC STROKE IS EQUAL OR MORE COMMON THAN ISCHEMIC STROKE

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In developed countries as in developing countries cerebrovascular disease in mid life is acommon problem. Cerebral vascular diseases are the third most common cause of death just behind cancer and heart disease. It is important to realize that this common devastating disease is preventable in a high percentage if the proper measures are taken. In our population hypertension is present in 70% of our cases It is well established that hypertension, a treatable condition, is the advent of many cases of cerebral vascular disease. In our rsearch we studied 120 patients in the last year with a perspective protocol The patients who survived were followed for an extended time period. When the world litterature is reviewed there is a consistant finding: that ischemic cerebral disease is one third more frequent compared to hemorragic cerebral disease. When we analyzed our data we found that our percentages yield different results than those of the litterature because we demonstrated that hemorragic stroke was equal to or superior to ischemic stroke. Considerations about risk factors influencing our results will be discussed. Emphasis will be placed on lipid disorders of the blood such as hyperlipidemias type II and IV and hypercholesteronemia.

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